



Certified Horsemanship Association (CHA) Levels & Ridge Run Programs

Thank you for asking how to progress through the Levels! All riders begin with 30 minute CHA Level 1 riding only walk/trot lessons. Each week of our 7-week session is themed. While subject to change, themes include:

1. **Ready to Ride:** Safe Starts and Stops
2. **English Horsemanship:** Equitation on the Flat & Dressage
3. **Western Horsemanship:** Speed Events such as Barrel Racing, Pole Bending
4. **Hit the Trail:** Trail Riding Safety, Trail Obstacles, In-Hand Showmanship
5. **Saddle Free:** Bareback, Vaulting, Liberty Games, Stirrup-Free, Unplanned Dismounts
6. **Driving me Crazy:** Ground Driving, Lounge Line, Cart Driving
7. **Show Me What You've Got:** Pre-Show Jumping Patterns, Cross Country Eventing
Obstacles, Games on Horseback

Ready for more? Know which theme you'd like to specialize in? Book TWO 30 minute spaces to create 70 minutes of CHA Level 1 or Level 2 riding plus ground school. The 70 minute lesson will include 45 minutes of riding at walk, trot, and when ready, canter. There is also 25 minutes of ground school, parents of children under 18 are encouraged to participate at no additional fee. This teaches all the ground work necessary to get your horse from the field to a clean stall at night and all the warming up and cooling down in between. 70 minutes of riding is \$70 (~\$54 if enrolled in the School Year Lesson Program with monthly billing).

Horse Sense Level 1 & Level 2 Ground School is required in addition to Level 1 & Level 2 Riding Lessons to achieve the skills necessary to learn to canter or jump safely (and have the time to do so in your lesson). Level 1 ground work includes haltering your horse in the stall, cross or straight tie to groom, groom, saddle, bridle and lead your horse to ride. The instructor will check your work. Basic barn, horse & trail safety are also included. There is an arena & written test for Level 1.

Skills checklists are available from the GoMotion/SEStudio app for all Level 1 riders. Sadly, they are NOT carried over session to session. You can see the skills for your level once you are registered. They match CHA Horsemanship Level testing requirements and are filled out by the instructor at the end of Fall 2.

When you and the instructor feel ready, schedule a test out for your level. You may receive a CHA Certificate for achieving the level (kinda cool & can come with patch or pin). A small additional test fee is also required. Whether you are a first timer or a return-to-riding adult wanting to lease a horse for 2hour open ride times, safety is our ultimate goal!